



“RED QUILTED VEST”



A casual yet popular item is the quilted vest, not just for winter sporting events this vest looks great teamed with a white t-shirt and your favorite jeans for everyday events!

**Skill Level: Beginner**

Created by: Kelly Laws, Marketing Project Manager

**Supplies:**

Baby Lock Sewing Machine

Baby Lock Deluxe walking foot (BLDW)

McCall's Pattern M4596 view B (Or similar vest or jacket pattern)

Fabric yardage: Refer to pattern for yardages according to size

Size 6:

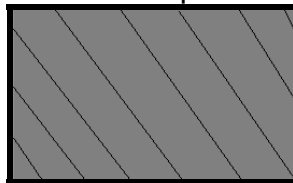
2 yards red sports cloth

2 yards red lining fabric

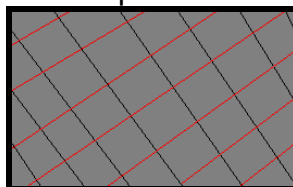
2 yards low to medium loft batting  
Remnant of thin fleece for inside collar  
All-purpose thread to match fabrics  
Machine quilting spray adhesive  
Chalk Marker  
Ruler  
20" Separating zipper  
Decorative zipper pull

### Instructions:

1. Cut the McCall's tissue pattern pieces apart. Using the pattern guide sheet for reference, locate pieces 1, 2, 3, 4, & 8.
2. Since the final garment is a vest, you will not need the sleeve (piece 6).
3. Using the pieces as a guide, cut the fabric into three large sections. Two sections will be quilted for the front and back pattern pieces. This will make it easier to manage during the quilting process. The remaining fabric will be used later for binding.
4. Layer the lining, batting and backing. Mist the batting with machine quilting spray adhesive to keep the fabric layers even.
5. Using the chalk marker and ruler, draw a diagonal line across the fabric sandwich as your starting line for quilting.
6. Thread the machine with the all-purpose thread in the bobbin and needle.
7. Attach the deluxe walking foot according to the foot instructions.
8. Lower the machine needle and measure from the needle over 3" and tighten the quilting bar.  
**Note:** Use the right quilting bar so, as you sew rows of stitching, the sewn rows will roll within the throat of the machine and the un-sewn section will remain flat to the left of the machine.
9. Sew the first line according to the chalked line.
10. Then place the quilting bar along the stitched line and stitch the next row using the previous stitching as your guide.
11. Continue sewing rows until the fabric piece is complete.



12. Set this aside and repeat for the other large section of fabric.
13. Using the ruler and chalk marker, mark a starter line in the opposite direction. Make sure the starter row is perpendicular 90-degree angle from previous stitched rows. This will quilt the fabric pieces into 3" squares.



14. Once both pieces are quilted, fold the fabric pieces as if they were traditional fabric yardage and cut out the pattern pieces.

- Note:** Due to the quilted fabric, you may opt to cut a size bigger than you may normally sew. It is easy to take in the seams; it is not easy to add fabric if it is too small.
15. Using the regular sewing foot on the machine, sew together the fronts and backs and shoulder seams leaving the side seams open.  
**Note:** Grade seam allowances to eliminate bulk.
  16. Use French seams, a serger or bind the seam allowances to encase the batting edges.
  17. Insert the zipper and collar according to the pattern directions. Remember to grade the seam allowances and clip curves and corners.
  18. Cut 2" bias strips from the remaining outer fabric. You will need enough length for the armholes and hem.
  19. Stitch the strips together at right angles to make one long strip of bias.
  20. Press the raw edges of the bias strips to the center. Fold the strip in half again and press creating double fold bias binding.
  21. To finish the armholes, trim the excess seam allowance from the armhole. Topstitch or zigzag the double fold bias binding along the armhole encasing the raw edge.
  22. Sew the side seams together.
  23. To finish off the hem, trim the excess seam allowance and then bind with double fold bias binding.
  24. Attach the zipper pull to the zipper.

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